

## Park Lane Primary & Nursery School

**Executive Head:** Rob Litten **Deputy Executive Head:** Rachel Bains

Friday 15<sup>th</sup> January 2021

Dear Parents and Carers,

We hope this email finds you well. Thank you for everything you are doing to help your children at home and to help our children in school. Between us we are doing the very best we can!

## Invisible Children and Home Visits

Thank you for helping your children to take part in Zoom calls with their class and for receiving phone calls from school staff. Both can really help children and parents feel less isolated at home.

If for some reason we can't see or speak to you or your children, we will become a little worried. Two members of staff will visit your home to make sure you are okay.

## **Free School Meal Vouchers**

Today eligible parents will receive information about the continuation of school's free school meal voucher scheme. We hope a voucher will be more useful than a food parcel.

## **Lockdown Stress**

Please remember that the work from school is there for you to do with your children - if you can. If you are not sure how to do something, please contact the teacher that set the work or contact the school. We are here to help you!

If you find that you are becoming more and more tearful at home, angry, beginning to shout at your children and you feel that the situation is impossible, then please contact the school - we really are here to help and will not judge you. You are not alone! We all have bad days but when the days become weeks - please ask for help. It just means you are human like everybody else.

Wishing you all a really good weekend,

Our best wishes,

Mr Rob Litten and the Park Lane Team

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